

COUNTRY & TOWN HOUSE

AUGUST 2013 £3.60

SPA TREKKING
ALL AROUND
THE WORLD

**GET THE
GLOSS**

*Where brains
meet beauty*

**GAME
FOR A
LAUGH**

*Hit the London
comedy circuit*

**BODY
BEAUTIFUL**

Over 40 pages dedicated to your health and wellbeing





Black cross detail strap
'Jinx' top and black
'Lamora' bikini bottom.
Violet Lake London

Summer BREEZE

Black is as chic as it gets if you want to flatter
a body beautiful

Fashion direction by **URSULA LAKE**
Photography by **CLAUDIA & RALF PÜLMANN**

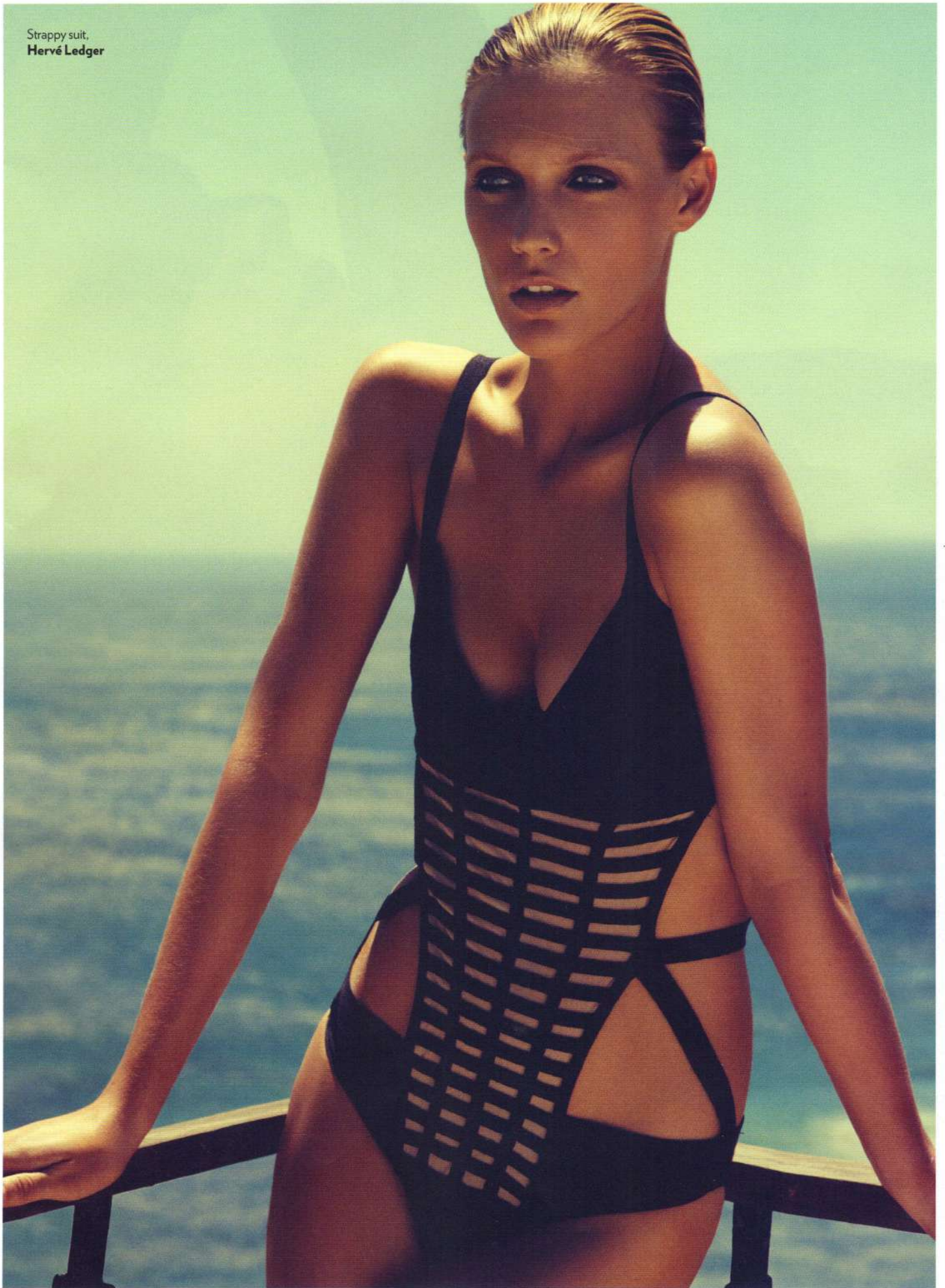


Black one shoulder swimsuit
with transparent panels.
Jets by Jessica Allen





Strappy suit,
Hervé Léger



Black bikini with gold ring detail, **Varley**







Cut out swimsuit,
Julien McDonald



Black halter neck swimsuit with zip detail. **Melissa Odabash**

LOCATION

Le 12 in Llandudno, Cape Town is available for holiday and location rental through Perfect Hideaways.

TEAM

Hair and make-up: Melanie Schoene at Blossom Management using Chanel and Aveda
Model: Jira at Next Models
Production: www.igproductions.co.za

STOCKISTS: PAGE 77

Find yourself a Perfect Hideaway

For stunning scenery and sports aplenty, rent an idyllic holiday home in South Africa with Perfect Hideaways



Never-ending country vistas, rugged coastlines, pristine beaches and mountain views. These are de rigueur in South Africa, and Cape Town-based villa company Perfect Hideaways has a portfolio of farms, villas, houses, cottages and boutique hotels across South Africa's Western Cape so that you too can enjoy the enviable lifestyle.

INSIDER KNOWLEDGE

Helen and David Untiedt have scoured South Africa and beyond to bring clients only the best places that ooze personality, that are situated in spectacular locations, that make you feel good to be there and that promise an unforgettable escape. They love combining easy living with luxury details, creating places where guests want for nothing. Each property is unique, with bags of character and each is handpicked because of its individual beauty, quirks and charm.

SECRET VALLEYS

India House in Bainskloof is only 90 minutes from Cape Town, nestled in a private estate within a UNESCO World Heritage Site, so named because of its beautiful bright blue front door, imported from Gujarat, India. Bedrooms and bathrooms have candle lighting to induce a relaxed mood, and there's a state-of-the-art kitchen fully equipped to cool your wine and perk you up with espressos and cappuccinos. The sheltered courtyard is perfect for alfresco dining serenaded by frogs and crickets. Lounge in the pool with spectacular views of the surrounding mountains, or hike to waterfalls and secluded river pools.

OFF THE GRID

Whalers Way, in Churchhaven, is built on an entirely green footprint of reclaimed materials, solar panels, locally sourced finishes and rainwater harvesting. It's big on charm and small on environmental impact, sleeping six, with views stretching over the lagoon and beyond. The eco-credentials lend authenticity to the understated rustic 'French Settler' style that has been achieved with weathered beams, antique furnishings and fresh natural finishes.

FROM THE TOP India House, Whalers Way, Kliphuis and Soul Arch

SURF'S UP

Soul Arch, Plettenberg Bay, is inspired by an Australian wooden beach house with recycled timber, reclaimed doors and windows, an indigenous garden and wonderful textural elements. This house is carefully designed for eating, sleeping and play, a perfect hideaway in the heart of the bay, a stone's throw from the most gorgeous local beach. It's the ideal hideaway for families to spend an energising holiday creating feasts, having lie ins, swimming, chilling and surfing.



ENDLESS VIEWS IN THE KAROO

Kliphuis is situated in the heart of the Great Karoo under the Sneeuberg mountain range. Summer days are spent on the stoep, around a beautiful long stone table surrounded by nature reserve and incredible views. The old stone floors and thick farmhouse walls keep the interiors cool, and wood, glass and stone are the elements that give this house its character. Take a game drive, hike or bike on mountain paths and along the river before returning to the house for an alfresco lunch and a lazy afternoon siesta.

Visit www.perfecthideaways.co.za to see the full portfolio of holiday properties, or email stay@perfecthideaways.co.za to speak to one of the team.