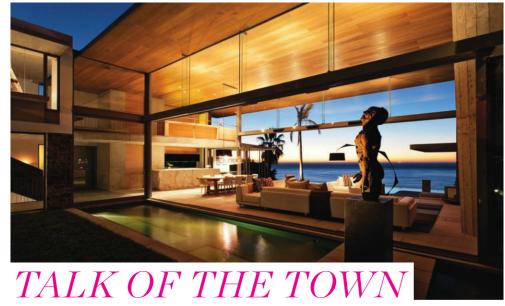


GLOBAL GUIDE

[Cape Town]

eautiful Cape Town. Few destinations offer such a captivating mixture of urban and rural sights in one astonishing landscape. Stand on the plateau of Table Mountain. with the Atlantic Ocean before you, and survey the scene. To the east stands Devil's Peak, to the west Lion's Head and Signal Hill. Taken together with the brooding flat-topped mountain, they create a formidable rocky amphitheatre within which man has carved out one of Africa's most vibrant beach cities.

Below, the concrete jungle spills to the seashore, a playground for locals and international jetsetters alike, with some of the finest hotels and restaurants in the world. Look further out to sea and you'll catch a view of Robben Island, where Nelson Mandela was imprisoned during apartheid. But that's in the past—Cape Town is now a thriving cosmopolitan city looking to the future.



Few places capture the imagination as much as Cape Town, says Kate Simon

Cape Town's take on laidback luxe is instantly beguiling. Whether sipping a crisp Sauvignon in a chic beachfront restaurant or letting the city's notorious wind fill your sails as you head out into the sparkling blue expanse, it's hard not to fantasise about living here. So why not eschew the hotels and rent a wow-factor house instead? **Perfect Hideaways** have some spectacular options, including Villa Antoni (above). New to the rental market this December, it's an architect-designed, glass-fronted temple to style on the slopes of Lion's Head.

www.perfecthideaways.co.za

IN WITH THE NEW

The historic Alphen Boutique Hotel in Constantia has had a five-star makeover and now offers 21 suites, two restaurants and three bars. Inn on the Square in the Central Business District has benefitted from a cool, minimalist R35 million refurbishment. And Le Quartier Français, in nearby Franschhoek, is redesigning its renowned Tasting Room restaurant.

www.alphen.co.za; www.innonthesquare.co.za; www.lqf.co.za

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Time to explore



ART'S DESIRE

Two new full- and half-day guided art tours are now on offer to guests at One&Only Cape Town. The Galleries Art Tour visits a collection of the city's best galleries, while the Contemporary Art Tour calls in to see the latest generation of artists at work in their studios around the city.

www.oneandonlyresorts.com



HAVE ONE ON US

The Bay Hotel (above) and Camps Bay Retreat, two luxurious properties in the Village & Life collection, want guests to explore beyond the city limits this autumn. Stay at either hotel for three nights and get a fourth night free at sister hotels Harbour House Hotel in Hermanus or The Farmhouse Hotel in Langebaan.

www.villageandlife.co.za



WALK THIS WAY

Get an insider's view of Cape Town with Intrepid Urban Adventures' new five-hour guided walk, "Cape Town By Foot". A local resident will explain the history behind sights including the V&A Waterfront, Green Market Square and the candy-coloured houses of Bo-Kaap.

www.urbanadventures.com

TASTE OF THE SOUTH

The Pot Luck Club and Gallery is the latest venture from award-winning chef Luke Dale-Roberts. Food and art meet at this new gourmet space in Woodstock, where the menu focuses on tasty small plates (above). Treat yourself to some bubbles at the Steenberg Hotel's luxurious new bar "Gorgeous by Graham Beck", dedicated to sparkling wines. And try a glass of the new "Captain's Table" house wines at The Table Bay hotel's Atlantic restaurant, specially created by Bizoe Wines.

www.suninternational.com